

## Fruitional Yana

This section of the library involves restrictions. If you qualify, please obtain enrollment keys.

In general, Vajrayana students are divided into three main categories: Those who are practicing ngondro, Tantrikas; generation stage practices, Sadhakas; and completion stage practices, Dzogrimpas.

There are special requirements for teachings that are part of the summer programs held at Karmê Chöling:

Rinpoche began the summer programs at Shambhala Mountain Center in 1991 teaching the *Ocean of Definitive Meaning*. These teachings are restricted to those who are practicing the mahamudra preliminary practices, the Ngondro, and have received the fourfold pointing-out instructions as presented by Wangchuk Dorje in his three texts on mahamudra.

The requirements for all later years, i.e. from 1993 and onward are to have studied the material from the previous years. In addition:

- 1995-1996, to have completed the mahamudra preliminary practices and received their yidam abhisheka
- 1997-1998, to have completed their yidam practice
- The years from 1999 and onward are—for now-- restricted to students who were there.

It is the express wish of Dzogchen Ponlop Rinpoche and Marpa Foundation that the audio and video material are not to be downloaded. This is to prevent these sacred teachings from being indiscriminately spread. This, however, does not prevent access to the material, since it is constantly available online here for the benefit of qualified students.

Please refrain from downloading for any reason whatsoever. Thank you.